

7350 Cigna Plan

Coverage for: Individual and Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	In Network: Individual: \$7,350.00, Family: \$14,700.00 Out of Network: Individual: \$14,700.00, Family: \$29,400.00	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible ?	Pharmacy: Specialty drug (30 day supply) In Network: Many services. See the grid below for details.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	In Network: Individual: \$7,350.00, Family: \$14,700.00 Out of Network: Individual: \$14,700.00, Family: \$29,400.00	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums, pre-certification penalties, balance-billed charges, & health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider ?	You may pay less if you use a network provider.	
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
If you visit a health care	Primary care visit to treat an	In Network: \$50.00 Copay	Some procedures may need pre-

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
provider's office or clinic	injury or illness	Out of Network: 50% Coinsurance after deductible	certification.
	Specialist visit	In Network: \$100.00 Copay Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
	Preventive care/screening/immunization	In Network: No charge Out of Network: 50% Coinsurance after deductible	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
	Imaging (CT/PET scans, MRIs)	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
If you need drugs to treat your illness or condition	Generic drugs	30 Day Supply: No charge after deductible 90 Day Supply: No charge after deductible	
	Preferred brand drugs	30 Day Supply: No charge after deductible 90 Day Supply: No charge after deductible	
	Non-preferred brand drugs	30 Day Supply: No charge after deductible 90 Day Supply: No charge after deductible	
	Specialty drugs	30 Day Supply: 50% Coinsurance 90 Day Supply: Not Covered	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	
	Physician/surgeon fees	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
If you need immediate medical attention	Emergency room care	In Network: No charge after deductible Out of Network: No charge after deductible	
	Emergency medical transportation	In Network: No charge after deductible Out of Network: No charge after deductible	Some procedures may need pre-certification.
	Urgent care	In Network: \$100.00 Copay Out of Network: 50% Coinsurance after deductible	
If you have a hospital stay	Facility fee (e.g., hospital room)	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
	Physician/surgeon fees	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.

Common Medical Event	Services You May Need	What You Will Pay	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	In Network: \$50.00 Copay Out of Network: 50% Coinsurance after deductible	
	Inpatient services	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
If you are pregnant	Office visits	In Network: \$50.00 Copay Out of Network: 50% Coinsurance after deductible	
	Childbirth/delivery professional services	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	
	Childbirth/delivery facility services	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
If you need help recovering or have other special health needs	Home health care	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	60 visits per year. Some procedures may need pre-certification.
	Rehabilitation services	In Network: \$50.00 Copay Out of Network: 50% Coinsurance after deductible	20 visits per year. Some procedures may need pre-certification.
	Habilitation services	In Network: \$50.00 Copay Out of Network: 50% Coinsurance after deductible	20 visits per year. Some procedures may need pre-certification.
	Skilled nursing care	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	60 days per year.
	Durable medical equipment	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	Some procedures may need pre-certification.
	Hospice services	In Network: No charge after deductible Out of Network: 50% Coinsurance after deductible	
If your child needs dental or eye care	Children's eye exam	\$0	Limited to one exam every 24 months except if required more frequently under the Affordable Care Act
	Children's glasses	Not Covered	Glasses are not covered.
	Children's dental check-up	Not Covered	Dental services are not covered.

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

Specialty drug (90 day supply), Impotence, Hearing Aids, Acupuncture, Sterilization Reversal, Massage, Abortion, Orthopedic Shoes (Except Diabetics), Electroconvulsive

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

Therapy, Surrogacy, Gender Affirming Care,
Biofeedback, Obesity Treatment, Infertility

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

Hospital Outpatient, Radiation and
Chemotherapy, Injections, Adult Eye Exam,
Cardiac Rehabilitation, Chiropractic Services,
Telemedicine, Freestanding Laboratory,
Laboratory/Diagnostics, Private Duty Nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#).

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of pre-natal care and a hospital delivery)

■ The [plan's](#) overall [deductible](#)

\$7,350.00

■ Specialist copay	\$100
■ Hospital (facility) copay	\$0
■ Other copay	\$0

This EXAMPLE event includes services like:

- [Specialist](#) office visits (*prenatal care*)
- Childbirth/Delivery Professional Services
- Childbirth/Delivery Facility Services
- [Diagnostic tests](#) (*ultrasounds and blood work*)
- [Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700.00
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$7,350.00
Copayments	\$0.00
Coinsurance	\$0.00
<i>What isn't covered</i>	
Limits or exclusions	\$0.00
The total Peg would pay is	\$7,350.00

Managing Joe's Type 2 Diabetes

(A year of routine care of a well-controlled condition)

■ The [plan's](#) overall [deductible](#)

\$7,350.00

■ Specialist copay	\$100
■ Hospital (facility) copay	\$0
■ Other copay	\$0

This EXAMPLE event includes services like:

- [Primary care physician](#) office visits (*including disease education*)
- [Diagnostic tests](#) (*blood work*)
- [Prescription drugs](#) (*preferred brand*)
- [Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600.00
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$5,600.00
Copayments	\$50.00
Coinsurance	\$0.00
<i>What isn't covered</i>	
Limits or exclusions	\$0.00
The total Joe would pay is	\$5,650.00

Mia's Simple Fracture

(Emergency room visit and follow up care)

■ The [plan's](#) overall [deductible](#)

\$7,350.00

■ Specialist copay	\$100
■ Hospital (facility) copay	\$0
■ Other copay	\$0

This EXAMPLE event includes services like:

- [Emergency room care](#) (*including medical supplies*)
- [Diagnostic test](#) (*x-ray*)
- [Durable medical equipment](#) (*crutches*)
- [Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800.00
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$2,800.00
Copayments	\$50.00
Coinsurance	\$0.00
<i>What isn't covered</i>	
Limits or exclusions	\$0.00
The total Mia would pay is	\$2,850.00

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.